



Career Planning in Recovery

- **Description:** A group that helps clients explore career opportunities, set professional goals, and develop a plan for achieving them in recovery.
- **Instructions:**
 - **Introduction (10 minutes):** Discuss the importance of finding meaningful work in recovery and how it contributes to a sense of purpose and stability.
 - **Career Assessment (20 minutes):** Provide a career interest inventory or skills assessment to help clients identify potential career paths. Use worksheets or online tools for this purpose.
 - **Resume Building Workshop (30 minutes):** Guide clients in creating or updating their resumes. Provide examples and templates for different job types.
 - **Interactive Interview Practice (30 minutes):** Conduct mock interviews where clients can practice their interview skills. Use props like business attire and a mock interview setting to simulate a real interview.
 - **Reflection (10 minutes):** Discuss the challenges and opportunities in finding employment during recovery and how clients can prepare for them.
 - **Facilitator Role:** Provide resources for career assessment, guide resume building, and facilitate interview practice.
 - **Client Role:** Explore career options, build a resume, practice interview skills, and set career goals.